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## **Subject: Manual Breast Pumps**

Effective Date: October 1, 2007 Revised from: October 1, 2004

**Policy:** Manual breast pumps may be given after delivery to breastfeeding clients in the following situations: employed client; client returning to school; low milk supply; in incidences where breastfeeding needs to be interrupted; when an electric breast pump is unavailable for the above conditions; or when the collection kit is incompatible with the electric breast pump issued.

A manual breast pump is for individual use only and should <u>NOT</u> be returned to the WIC Program.

## Procedure:

- 1. The breastfeeding coordinator/designee must:
  - a. Determine the client's need for a manual breast pump:
    - assess whether the manual pump is needed to fully establish breastfeeding or to increase breastfeeding duration;
    - assess how many times a day the participant plans to use the pump. If the client plans to use a pump only occasionally (e.g. when she plans a trip to the grocery store or a night out), do not issue a pump but instruct on hand expression if possible. Contact the SA for training information and a video on hand expression.
  - b. Document the issuance and reason the client needs the pump on the Notes Window in KWIC and on the Breast Pump Issuance Log (see Forms Section.) The KWIC Administrator should add a Staff Reminder "Review Breast Pump Agreement" to the Staff Reminders Tab to use as a reminder to staff to check with the client issued a breast pump at each subsequent visit about usage, problems, and questions.
  - c. Provide information on how to use and clean the breast pump.
  - d. Demonstrate how to assemble and clean the pump.
  - e. Provide information on the handling and storage of breast milk.
  - f. Instruct client to discontinue the use of the pump if discomfort occurs and call the WIC Program.
  - g. Review and have client complete the Manual Breast Pump/Breastfeeding Aid Release Form (see Forms Section), provide client with a copy, and file clinic's copy. (In a notebook designated for breastfeeding forms or in the check stub file.)